



**Hours**  
 Mon-Fri: 9:00am – 6:00pm  
 Saturday: 9:00am – 5:30pm  
 Sunday: Closed

Phone: (503) 224-9541  
 Email: philstuptown@gmail.com  
 www.philsmeatmarket.com

# SANDWICHES & BENTO

## SIGNATURE SANDWICHES

Comes with chips of your choice.

### Pullen Pork \$13

Braised front quarter with house slaw on a fresh roll

### High Flyer \$15.5

Double decker club sandwich; try to eat the whole thing!

### Philwich \$13

Salami, swiss cheese, lettuce, tomato, red onion, pepperoncini, and condiments on a baguette or ciabatta roll

### Rueben \$13

Local marble rye with house made pastrami, sauerkraut, drizzled with house-made thousand island dressing

### Lower 48 \$15.5

French dip with your choice of cheese

### The Big John \$15.75

Ham, roasted pork belly, provolone with arugula, and dijon aioli on a ciabatta roll

### EL Cubano \$15.5

Panini grilled with pork loin, ham, provolone, mustard, pickles on a ciabatta

### BLTA \$13

Bacon, lettuce, and tomato between two slices of 100% wheat bread.

### BLTA \$14

Bacon, lettuce, tomato, and avocado between two slices of 100% wheat bread.

### “The Herbie” \$13

Organic chicken breast with herb aioli and melted provolone

### Meatloaf Sandwich \$13

Homemade meatloaf topped with melted cheddar, lettuce, red onion, tomato, and splash of A1 sauce.

### Veggie Sandwich \$12

Whole wheat bread with lettuce, tomato, red onion, cucumber, avocado, creamy hummus.

## PHIL'S BENTO

### Single Bento

Beef skewer with rice	\$11
Chicken or pork skewer with rice	\$9.50
Vegetable skewer with rice	\$8

### Double Bento

Two beef skewers with rice	\$16.50
Two chicken or two pork skewers with rice	\$13.50
Two vegetable skewers with rice	\$12.50

### Combo Bento

Beef and chicken skewers with rice	\$15
Beef and pork skewers with rice	\$15
Beef and vegetable skewers with rice	\$15
Chicken and pork skewer with rice	\$15
Chicken and vegetable skewer with rice	\$13.50
Pork and vegetable skewer with rice	\$13.50

### A LA CARTE

Beef skewer no rice	\$8
Chicken or pork skewer no rice	\$6.50
Vegetable skewer no rice	\$4
Side of rice	\$3
Side of peanut sauce	\$1.50

## HOMEMADE SOUPS (\$6.25 cup / \$8.75 bowl)

Grandma's Beef Chili  
 Clam Chowder (Friday Only)

### A LA CARTE DELI

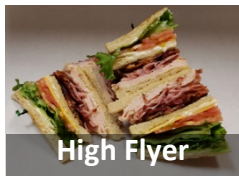
Roasted Chicken Breast	\$7.50
Roasted Leg/Thigh Combo	\$9.50
Dry Rub Babyback Ribs & Slaw	\$14.50



Bento



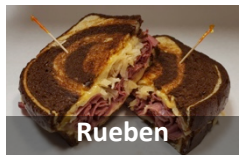
Pullen Pork



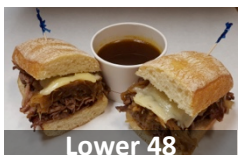
High Flyer



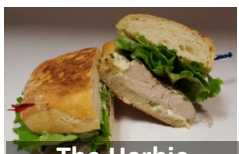
Philwich



Rueben



Lower 48



The Herbie



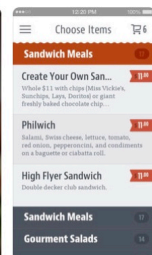
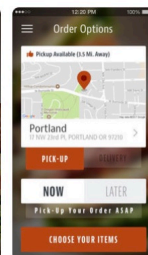
Uptown Burger

## ORDER LUNCH VIA OUR APP OR WEBSITE



Phil's Uptown  
 Meat Market  
 Food & Drink

OPEN



Google play



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## SALADS & DESSERT & BEVERAGES

### FRESH SALADS

#### Smoked Salmon Caesar \$15.75

House Smoked Salmon, Romaine, Parmesan, and a Lemon Wedge. Side of Caesar Dressing.

#### Chicken Caesar \$13

House Roasted Chicken, Romaine, Parmesan, and a Lemon Wedge. Side of Caesar Dressing.

#### Cobb Salad \$13

Mixed Greens, Tomatoes, Blue Cheese, Olives, Eggs, Roasted Chicken. Choice of dressing.

#### Chef Salad \$13

Crisp iceberg lettuce, turkey, ham, tomato, cucumber, red onion, swiss & cheddar cheeses, and a hard boiled egg.

#### Beet Salad \$11

Green Salad with Beets, Goat Cheese, and Pickled Onions. Choice of Dressing.

#### Hummus Snack Pack \$7.25

House hummus, cherry tomatoes, cucumbers, spinach, carrots, and celery.

#### Pasta Salad \$7.25 for ½ pint

Elbow macaroni tossed with house sauce, ham, peas, cheddar cheese, and pickles

#### Potato Salad \$7.25 for ½ pint

Hearty potatoes mixed with crisp celery, red onions, pickles, and hard boiled eggs

#### Chicken Salad \$8 for ½ pint

Diced chicken seasoned with Snyder's rub, tossed with red onions, celery, mayonnaise, salt, and pepper.

#### Broccoli Bacon Salad \$7.25 for ½ pint

Bow tie pasta, house cured bacon, and broccoli tossed in a house made mayo-dijon dressing

### COOKIES \$2.95

Call for daily specials; variety changes daily

Chocolate Chip

Peanut Butter

Snickerdoodl

Oatmeal Butterscotch

Oatmeal Raisin,

Oatmeal Cranberry Walnut,

Oatmeal Chocolate Chip Walnut,

### BEVERAGES

Aquafina \$1.50

San Pellegrino Sparkling Water \$2.50

Can Soda \$1.50:

Coke, Diet Coke, Pepsi, Diet Pepsi, Sprite,

Mountain Dew, A&W Root Beer, Squirt, Dr. Pepper.,

Shirley Temple

### CHIPS \$1.50

Lay's Classic, Lay's BBQ, Ruffles Original, Doritos Nacho,

Doritos Cool Ranch, Fritos, Cheetos, Sunchips, Miss

Vickie's, Fritos



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## MONSTER BURGER MEALS

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Comes with your choice of chips (chip options on my menu) and beverage (can soda or aquafina).

Please add an option to add “side winder fries” for \$3 (medium) or \$5 (large)

*Please add a “GF/Low Carb” modifier: Can substitute pub bun for gluten free bread or low carb (substitute the bun for lettuce).*

*Please add a modifier for each of these burgers to offer an extra burger patty for \$5.*

### Create Your Own Burger \$15

House ground and hand-made 1/3 POUND chuck patty with your choice of additions on a local Pearl Bakery pub bun. Comes with your choice of chips and beverage.

*Please use the condiment modifier group for the create your own burger.*

### Uptown Burger \$15

House ground and hand-made 1/3 POUND chuck patty, wild greens, house tomato burger relish, with melted swiss and cheddar cheeses, and balsamic vinaigrette, on a local Pearl Bakery pub bun. Comes with your choice of chips and beverage.

### Tillamook Cheeseburger \$15.50

House ground and hand-made 1/3 POUND chuck patty, melted Tillamook cheddar, lettuce, tomato, onion, ketchup, mustard, mayo, on a local Pearl Bakery pub bun. Comes with your choice of chips and beverage.

### Bacon Cheeseburger \$16

House ground and hand-made 1/3 POUND chuck patty, thick cut bacon, and melted cheddar cheese, ketchup, mustard, mayonnaise, on a local Pearl Bakery pub bun. Comes with your choice of chips and beverage.

### Mushroom Swiss Burger \$16

House ground and hand-made 1/3 POUND chuck patty, Tillamook swiss, fresh sauteed mushrooms, lettuce, tomato, and tarragon aioli on a Pearl Bakery pub bun. Comes with your choice of chips and beverage.

### Leon's BBQ Burger \$17

House ground and hand-made 1/3 POUND chuck patty, Tillamook pepperjack, grilled onions, lettuce, and house Leon's BBQ sauce, on a Pearl Bakery pub bun! Comes with your choice of chips and beverage.

### Avocado Bacon Burger \$15

House ground and hand-made 1/3 POUND chuck patty, thick cut bacon, melted provolone, lettuce, tomato, onion, and fresh avocado, on a local Pearl Bakery pub bun. Comes with your choice of chips and beverage.

### Barnyard Burger \$17.50

House ground and hand-made 1/3 POUND chuck patty, Nueske's bacon, ham, melted Tillamook cheddar cheese, fried egg, lettuce, tomato, onion, on a Pearl Bakery pub bun. Comes with your choice of chips and soda.



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## WRAPS

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Comes with your choice of chips.

Please add an option to add “side winder fries” for \$3 (medium) or \$5 (large).

### Create Your Own Wrap \$15.50

A colorful HUGE 12" wrap filled with your choice of ingredients. Comes with your choice of chips.

Please use the modifiers used for a create your own sandwich as the modifiers used to create this wrap.

### Turkey, Bacon, Avocado Wrap \$15.50

Turkey, bacon, lettuce, red onion, and Haas avocado wrapped in a HUGE 12" herbed tortilla with chips of your choice.

### Chicken Caesar Wrap \$15

Local roasted chicken, iceberg lettuce, fresh parmesan, lemon and caesar dressing wrapped in a HUGE 12" herbed tortilla with chips of your choice.

### BLT Wrap \$14

Carlton Farms bacon, lettuce, tomato, and mayonnaise wrapped in a HUGE 12" herbed tortilla with chips of your choice.

### BLTA Wrap \$15.50

Carlton Farms bacon, lettuce, tomato, Haas avocado, and mayo wrapped in a HUGE 12" herbed tortilla with chips of your choice.

### Club Wrap \$15.50

Everything in a club sandwich, wrapped in a HUGE 12" herbed tortilla with chips of your choice.

### Veggie Wrap \$14.50

Lettuce, tomato, red onion, cucumber, Haas avocado, and creamy house made hummus wrapped in a HUGE 12" herbed tortilla with chips of your choice.